**Swim Rules for Epic Swim 2020**

*The Rules:*

The following rules have been adapted from the Marathon Swimmers Federation Swim Rules so that other individuals and teams may utilize and reference them in future efforts to cross the mid-point of Lake Michigan.

*The Route:*

A non-stop open water swim across the mid-point of Lake Michigan from Two Rivers, Wisconsin to Ludington, Michigan.

*The Swim:*

The swim will be a relay style swim with 6 swimmers swimming in rotation for 30mins each, the team roster, order, and interval will remain fixed for the duration of the swim.

Swim Start - All swimmers will start on land and enter the water together at the allotted time. The first leg swimmer will begin the swim behind the ‘Swim Boat’, the other swimmers will board the ‘Support Boat’.

The relay exchange will take place in the water with the new swimmer approaching the previous swimmer from behind tagging in with a high five/fist bump at the scheduled time (indicated by an air horn). The new swimmer will continue ahead with the ‘Swim Boat’ while the previous swimmer will drop back and board the ‘Support Boat’.

Swim Finish – The swimmer of the final leg will be joined by the other swimmers for the last 500-1000 yards and the swim will be declared complete when all swimmers have safely exited the water and set foot on land.

*Swimming Equipment & Support Vessels:*

Swimmers will wear:

* One swimsuit made of porous, textile material.
* One bathing cap made of latex or silicone.
* Goggles, earplugs, and noseclips.
* Sunscreen and grease.
* Safety lights for night visibility.
* Simple timekeeping device (chronometer).
* Wetsuit (wearing a wetsuit will classify this as an assisted marathon relay swim)

Swimmers will not use speed enhancing devices such as paddles and fins when swimming as part of the relay rotation. Swimmers swimming in the rotation must not intentionally draft off the boat or other swimmers.

The swim will be supported by 2 safety vessels each having two captains on board at all times:

* The lead ‘Swim Boat’
* The ‘Support Boat’

*Timing & tracking:*

Official Swim time and distance will be recorded by the captain of the ‘Swim Boat’.

Tracking will be uploaded to the EpicSwim2020.com website.

*Authority on the Support Vessels:*

The pilot of the escort vessel (or lead pilot, if there are multiple vessels) is the ultimate authority in all other matters. The pilot may cancel the swim at any time, for any reason, including, but not limited to, concerns for the safety of the swimmer or support personnel. The pilot is responsible for following all relevant local maritime regulations.

*Responsible Environmental Stewardship:*

Everyone involved in the swim attempt - swimmer, observer, support personnel, and escort boat personnel – will treat the environment respectfully and prevent avoidable harm to marine wildlife and ecosystems.

**Order of Swimmer Rotation:**

*Alphabetical Order:*

1. Nick Hobson
2. Dave Ornée
3. Jon Ornée
4. Jeremy Sall
5. Matt Smith
6. Todd Sutor